

# Wildcat Youth Running Club

2nd-6th gr. in the  
Mayfield School District

*Mondays/Wednesdays*

**4/15-5/15**

**6:00-7:00 P**

Running can generally be done anywhere. It helps the physical body and it also helps improve mental health! This program introduces the sport of running in a non-competitive environment. Participants will learn and engage in warm-ups, group runs, stretching and cool downs. It is instructional with an emphasis on learning the fundamentals and being active. Instructor Michele Fortuna is Mayfield teacher and former track coach. Make-ups may be Thursdays. Bring water and dress for weather.

Held at Parkview Recreation Area.

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440.461.5163

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**FEE: \$70 PER PERSON**

Register at:  
[www.mayfieldvillage.activityreg.com](http://www.mayfieldvillage.activityreg.com)

**Registration Deadline: 4/11**